

Cowboy Chicken Menu Analysis Book

			Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Rotisserie Plates														
Half Chicken	N			N	N	N	N	N	N	N	N	N	N	N
Half Chicken, All White Meat	N			N	N	N	N	N	N	N	N	N	N	N
Quarter White	N			N	N	N	N	N	N	N	N	N	N	N
Three Piece Dark	N			N	N	N	N	N	N	N	N	N	N	N
Turkey Plate	N			N	Y	N	Y	N	N	Y	N	N	Y	N
Just Chicken Items														
Half Chicken	N			N	N	N	N	N	N	N	N	N	N	N
Half Chicken, All White Meat	N			N	N	N	N	N	N	N	N	N	N	N
Whole Chicken	N			N	N	N	N	N	N	N	N	N	N	N
Crispy Drumsticks														
Crispy Drumsticks Meal	N			N	N	N	N	N	N	N	N	N	N	N
with Dry Rub Choice Lemon Pepper	N			N	N	N	N	N	N	N	N	N	N	N
with Dry Rub Choice Texas Dust	N			N	N	N	N	N	N	N	N	N	N	N
with Sauce Choice Barbecue	N			N	N	N	N	N	N	N	N	N	N	N
with Sauce Choice Buffalo	N			N	N	N	N	N	N	Y	N	N	N	N
Famous Chicken Enchiladas														
2 Enchiladas	N			N	Y	N	N	N	N	Y	N	N	N	N
3 Enchiladas	N			N	Y	N	N	N	N	Y	N	N	N	N
Ranch Hand Sandwiches														
BBQ Chicken Sandwich	N			N	Y	N	Y	N	N	Y	N	N	Y	N
Brisket Sandwich	N			N	Y	N	Y	N	N	Y	N	N	Y	N
Buffalo Chicken Sandwich	N			N	Y	N	Y	N	N	Y	N	N	Y	N
with Dressing Choice Blue Cheese	Y			N	Y	Y	Y	N	N	Y	N	N	Y	N
with Dressing Choice Ranch	Y			N	Y	N	Y	N	N	Y	N	N	Y	N
Laredo Sandwich	Y			N	Y	N	Y	N	N	Y	N	N	Y	N
The Original Cowboy Sandwich	Y			N	Y	N	Y	N	N	Y	N	N	Y	N
Things In Bowls														
Durango Bowl	N			N	Y	N	N	N	N	Y	N	N	N	N
Keto Bowl	Y			N	Y	N	N	N	N	Y	N	N	N	N
Kickin' Cobb Salad	Y			N	Y	N	N	N	N	Y	N	N	N	N
Monterey Salad	N			N	Y	N	N	N	N	N	N	N	N	N
Southern Fried Chicken Salad	Y			N	Y	N	N	N	N	Y	Y	N	Y	N

Southwest Salad	Y		N	Y	N	N	N	N	Y	N	N	N	N
Strawberry Chicken Salad	N		N	Y	N	N	N	N	N	N	Y	N	N
Cowboy Brisket Items			Egg										
			Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Brisket Family Meal	N		N	N	N	N	N	N	N	N	N	N	N
Brisket Meal, Single or Combo	N		N	N	N	N	N	N	N	N	N	N	N
Brisket and Chicken Family Meal	N		N	N	N	N	N	N	N	N	N	N	N
Brisket and Chicken for 10, Catering	N		N	N	N	N	N	N	N	N	N	N	N
Brisket and Chicken for 15, Catering	N		N	N	N	N	N	N	N	N	N	N	N
Brisket for 10, Catering	N		N	N	N	N	N	N	N	N	N	N	N
Brisket for 15, Catering	N		N	N	N	N	N	N	N	N	N	N	N
Salad Dressings			Egg										
			Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Dressings	N		N	N	N	N	N	N	N	N	N	N	N
with Dressing Choice Balsamic Vinaigrette	N		N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Blue Cheese	Y		N	Y	Y	N	N	N	N	N	N	N	N
with Dressing Choice Chili Lime	N		N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Honey Mustard	Y		N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Ranch	Y		N	Y	N	N	N	N	Y	N	N	N	N
Wild West Sides			Egg										
			Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Baked Mac and Cheese, Individual	N		N	Y	N	N	N	N	Y	N	N	Y	N
Baked Mac and Cheese, Texas Size	N		N	Y	N	N	N	N	Y	N	N	Y	N
Baked Sweet Potatoes, Individual	N		N	N	N	N	N	N	N	N	N	N	N
Baked Sweet Potatoes, Texas Size	N		N	N	N	N	N	N	N	N	N	N	N
Chips and Salsa, Small	N		N	N	N	N	N	N	N	N	N	N	N
Chips and Salsa, Texas Size	N		N	N	N	N	N	N	N	N	N	N	N
Creamed Spinach, Individual	N		N	Y	N	N	N	N	Y	N	N	Y	N
Creamed Spinach, Texas Size	N		N	Y	N	N	N	N	Y	N	N	Y	N
French Fries, Individual	N		N	N	N	N	N	N	N	N	N	Y	N
French Fries, Texas Size	N		N	N	N	N	N	N	N	N	N	Y	N
Fried Okra, Individual	N		N	Y	N	N	N	N	N	N	N	Y	N
Fried Okra, Texas Size	N		N	Y	N	N	N	N	N	N	N	Y	N
Garden Salad, Individual	N		N	N	N	N	N	N	N	N	N	N	N
with Dressing Choice Balsamic Vinaigrette	N		N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Blue Cheese	Y		N	Y	Y	N	N	N	N	N	N	N	N
with Dressing Choice Chili Lime	N		N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Fuji Apple Cider Vinaigrette	N		N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Honey Mustard	Y		N	N	N	N	N	N	N	Y	N	N	N

with Dressing Choice Ranch	Y	N	Y	N	N	N	N	Y	N	N	N	N
Garden Salad, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
with Dressing Choice Balsamic Vinaigrette	N	N	N	N	N	N	N	Y	N	N	N	N
with Dressing Choice Blue Cheese	Y	N	Y	Y	N	N	N	N	N	N	N	N
with Dressing Choice Chili Lime	N	N	N	N	N	N	N	Y	N	N	N	N
with Dressing Choice Fuji Apple Cider Vinaigrette	N	N	N	N	N	N	N	Y	N	N	N	N
with Dressing Choice Honey Mustard	Y	N	N	N	N	N	N	Y	N	N	N	N
with Dressing Choice Ranch	Y	N	Y	N	N	N	N	Y	N	N	N	N
Green Beans, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Green Beans, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Mexican Street Corn, Single	Y	N	Y	N	N	N	N	Y	N	N	N	N
Mexican Street Corn, Triple	Y	N	Y	N	N	N	N	Y	N	N	N	N
Ranchero Beans, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Ranchero Beans, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Roasted Broccoli, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Roasted Broccoli, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Spanish Rice, Individual	N	N	Y	N	N	N	N	Y	N	N	N	N
Spanish Rice, Texas Size	N	N	Y	N	N	N	N	Y	N	N	N	N
Sweet Corn, Individual	N	N	Y	N	N	N	N	Y	N	N	N	N
Sweet Corn, Texas Size	N	N	Y	N	N	N	N	Y	N	N	N	N
Sweet Potato Waffle Fries	N	N	N	N	N	N	N	N	N	N	N	N
Tomato Cucumber Salad, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Tomato Cucumber Salad, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Twice Baked Potaters, Individual	N	N	Y	N	N	N	N	Y	N	N	N	N
Twice Baked Potaters, Texas Size	N	N	Y	N	N	N	N	Y	N	N	N	N
Veggie Plate	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Baked Mac and Cheese	N	N	Y	N	N	N	N	Y	N	N	Y	N
with Side Choice Baked Sweet Potatoes	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice French Fries	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Fried Okra	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Garden Salad	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Green Beans	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Ranchero Beans	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Spanish Rice	N	N	Y	N	N	N	N	Y	N	N	Y	N
with Side Choice Sweet Corn	N	N	Y	N	N	N	N	Y	N	N	Y	N
with Side Choice Tomato and Cucumber Salad	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Twice Baked Potaters	N	N	Y	N	N	N	N	Y	N	N	Y	N

Desserts

Egg

Fish

Milk

MSG

**Other
Gluten**

Peanuts

Shellfish

Soy

Sulfites

**Tree
Nuts**

Wheat

**Sesame
Seeds**

Banana Pudding, Individual	N	N	Y	N	N	N	N	Y	N	N	Y	N
Banana Pudding, Texas Size	N	N	Y	N	N	N	N	Y	N	N	Y	N
Fresh Baked Cookie	N	N	N	N	N	N	N	N	N	N	N	N
with Chocolate Chunk Cookie	Y	N	Y	N	Y	N	N	Y	N	N	Y	N
with Snickerdoodle Cookie	Y	N	Y	N	Y	N	N	Y	N	N	Y	N
Jeanette's Homemade Peach Cobbler, Individual with Ice Cream	N	N	Y	N	N	N	N	Y	N	N	Y	N
	N	N	Y	N	N	N	N	Y	N	N	Y	N
Jeanette's Homemade Peach Cobbler, Texas Size with Ice Cream	N	N	Y	N	N	N	N	Y	N	N	Y	N
	N	N	Y	N	N	N	N	Y	N	N	Y	N
Strawberry Shortcake	Y	N	Y	N	N	N	N	Y	N	N	Y	N

Drinks		Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Barq's Root Beer	N		N	N	N	N	N	N	N	N	N	N	N
Coke	N		N	N	N	N	N	N	N	N	N	N	N
Coke Zero	N		N	N	N	N	N	N	N	N	N	N	N
Diet Coke	N		N	N	N	N	N	N	N	N	N	N	N
Diet Dr Pepper	N		N	N	N	N	N	N	N	N	N	N	N
Dr Pepper	N		N	N	N	N	N	N	N	N	N	N	N
Fanta Orange Soda	N		N	N	N	N	N	N	N	N	N	N	N
Minute Maid Lemonade	N		N	N	N	N	N	N	N	N	N	N	N
Mountain Berry Blast Powerade	N		N	N	N	N	N	N	N	N	N	N	N
Sprite	N		N	N	N	N	N	N	N	N	N	N	N

Family Packs		Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Chicken for 4	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Baked Mac and Cheese	N		N	Y	N	N	N	N	Y	N	N	Y	N
with Side Choice Baked Sweet Potatoes	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice French Fries	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Fried Okra	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Garden Salad	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Green Beans	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Ranchero Beans	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Spanish Rice	N		N	Y	N	N	N	N	Y	N	N	Y	N
with Side Choice Sweet Corn	N		N	Y	N	N	N	N	Y	N	N	Y	N
with Side Choice Tomato and Cucumber Salad	N		N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Twice Baked Potaters	N		N	Y	N	N	N	N	Y	N	N	Y	N