

Cowboy Chicken Menu Analysis Book

Cowboy Plates	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Brisket Meal, Single or Combo	N	N	N	N	N	N	N	N	N	N	N	N
Brisket and Chicken	N	N	Y	N	N	N	N	N	N	N	Y	N
with 1/4 Chicken, All White	N	N	Y	N	N	N	N	N	N	N	Y	N
with 1/4 Chicken, Dark	N	N	Y	N	N	N	N	N	N	N	Y	N
Chicken Wings	N	N	N	N	N	N	N	N	N	N	N	N
with Buffalo Wing Sauce	N	N	N	N	N	N	N	Y	N	N	N	N
with Cowboy Chicken Barbecue Sauce	N	N	N	N	N	N	N	N	N	N	N	N
with Lemon Pepper Seasoning	N	N	N	N	N	N	N	N	N	N	N	N
with Nashville Hot Chicken Seasoning	N	N	N	N	N	N	N	N	N	N	N	N
Five Crispy Drumsticks	N	N	N	N	N	N	N	N	N	N	N	N
with Dry Rub Choice Lemon Pepper	N	N	N	N	N	N	N	N	N	N	N	N
with Dry Rub Choice Texas Dust	N	N	N	N	N	N	N	N	N	N	N	N
with Sauce Choice Barbecue	N	N	N	N	N	N	N	N	N	N	N	N
with Sauce Choice Buffalo	N	N	N	N	N	N	N	Y	N	N	N	N
Four Crispy Tenders	N	N	Y	N	N	N	N	Y	N	N	Y	N
with Cowboy Chicken Barbecue Sauce	N	N	Y	N	N	N	N	Y	N	N	Y	N
with Honey Blaze Sauce	Y	N	Y	N	N	N	N	Y	Y	N	Y	N
with Honey Mustard	Y	N	Y	N	N	N	N	Y	Y	N	Y	N
with Ranch Dressing	Y	N	Y	N	N	N	N	Y	N	N	Y	N
Half Chicken	N	N	N	N	N	N	N	N	N	N	N	N
Half Chicken, All White	N	N	N	N	N	N	N	N	N	N	N	N
Quarter White	N	N	N	N	N	N	N	N	N	N	N	N
Three Piece Dark	N	N	N	N	N	N	N	N	N	N	N	N
Veggie Plate	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Baked Mac and Cheese	Y	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Baked Sweet Potatoes	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Corn Fritters	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Dinner Roll	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice French Fries	N	N	N	N	N	N	N	N	N	N	Y	N
with Side Choice Fried Okra	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Garden Salad	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Green Beans	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Kaleblazer Slaw	N	N	N	N	N	N	N	N	Y	Y	N	N
with Side Choice Ranchero Beans	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Spanish Rice	N	N	Y	N	N	N	N	Y	N	N	N	N
with Side Choice Sweet Corn	N	N	Y	N	N	N	N	Y	N	N	N	N

Crispy Tenders for Four	N	N	Y	N	N	N	N	Y	N	N	Y	N
Sides for Family Meals	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Baked Mac and Cheese	Y	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Baked Sweet Potatoes	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Corn Fritters	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice French Fries	N	N	N	N	N	N	N	N	N	N	Y	N
with Side Choice Fried Okra	N	N	Y	N	N	N	N	N	N	N	Y	N
with Side Choice Garden Salad	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Green Beans	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Kaleblazer Slaw	N	N	N	N	N	N	N	N	Y	Y	N	N
with Side Choice Ranchero Beans	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Spanish Rice	N	N	Y	N	N	N	N	Y	N	N	N	N
with Side Choice Sweet Corn	N	N	Y	N	N	N	N	Y	N	N	N	N
with Side Choice Tomato and Cucumber Salad	N	N	N	N	N	N	N	N	N	N	N	N
with Side Choice Twice Baked Potaters	N	N	Y	N	N	N	N	Y	N	N	N	N

Wild West Sides	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Baked Mac and Cheese, Individual	Y	N	Y	N	N	N	N	N	N	N	Y	N
Baked Mac and Cheese, Texas Size	Y	N	Y	N	N	N	N	N	N	N	Y	N
Baked Sweet Potatoes, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Baked Sweet Potatoes, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Creamed Spinach, Individual	N	N	Y	N	N	N	N	Y	N	N	Y	N
Creamed Spinach, Texas Size	N	N	Y	N	N	N	N	Y	N	N	Y	N
French Fries, Individual	N	N	N	N	N	N	N	N	N	N	Y	N
French Fries, Texas Size	N	N	N	N	N	N	N	N	N	N	Y	N
Fried Okra, Individual	N	N	Y	N	N	N	N	N	N	N	Y	N
Fried Okra, Texas Size	N	N	Y	N	N	N	N	N	N	N	Y	N
Garden Salad, Individual	N	N	N	N	N	N	N	N	N	N	N	N
with Dressing Choice Balsamic Vinaigrette	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Blue Cheese	Y	N	Y	Y	N	N	N	N	N	N	N	N
with Dressing Choice Chili Lime	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Fuji Apple Cider Vinaigrette	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Honey Mustard	Y	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Ranch	Y	N	Y	N	N	N	N	Y	N	N	N	N

Garden Salad, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
with Dressing Choice Balsamic Vinaigrette	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Blue Cheese	Y	N	Y	Y	N	N	N	N	N	N	N	N
with Dressing Choice Chili Lime	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Fuji Apple Cider Vinaigrette	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Honey Mustard	Y	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Ranch	Y	N	Y	N	N	N	N	Y	N	N	N	N
Green Beans, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Green Beans, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Mashed Potatoes and Gravy, Individual	N	N	Y	N	N	N	N	Y	N	N	Y	N
Mashed Potatoes and Gravy, Texas Size	N	N	Y	N	N	N	N	Y	N	N	Y	N
Mexican Street Corn, Individual	Y	N	Y	N	N	N	N	Y	N	N	N	N
Mexican Street Corn, Texas Size	Y	N	Y	N	N	N	N	Y	N	N	N	N
Ranchero Beans, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Ranchero Beans, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Roasted Broccoli, Individual	N	N	N	N	N	N	N	N	N	N	N	N
Roasted Broccoli, Texas Size	N	N	N	N	N	N	N	N	N	N	N	N
Southern Brown Gravy	N	N	Y	N	N	N	N	Y	N	N	Y	N
Spanish Rice, Individual	N	N	Y	N	N	N	N	Y	N	N	N	N
Spanish Rice, Texas Size	N	N	Y	N	N	N	N	Y	N	N	N	N
Twice Baked Potaters, Individual	N	N	Y	N	N	N	N	Y	N	N	N	N
Twice Baked Potaters, Texas Size	N	N	Y	N	N	N	N	Y	N	N	N	N

Crispy Drumsticks	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Crispy Drumsticks Snack	N	N	N	N	N	N	N	N	N	N	N	N
with Dry Rub Choice Lemon Pepper	N	N	N	N	N	N	N	N	N	N	N	N
with Dry Rub Choice Texas Dust	N	N	N	N	N	N	N	N	N	N	N	N
with Sauce Choice Barbecue	N	N	N	N	N	N	N	N	N	N	N	N
with Sauce Choice Buffalo	N	N	N	N	N	N	N	Y	N	N	N	N

Famous Chicken Enchiladas

Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
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Chicken Enchiladas, Three	N	N	Y	N	N	N	N	Y	N	N	N	N
Chicken Enchiladas, Two	N	N	Y	N	N	N	N	Y	N	N	N	N
Chicken Tinga Enchiladas, Three	N	N	Y	N	N	N	N	Y	N	N	Y	N
Chicken Tinga Enchiladas, Two	N	N	Y	N	N	N	N	Y	N	N	Y	N
Salad Dressings	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Dressings	N	N	N	N	N	N	N	N	N	N	N	N
with Dressing Choice Balsamic Vinaigrette	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Blue Cheese	Y	N	Y	Y	N	N	N	N	N	N	N	N
with Dressing Choice Chili Lime	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Fuji Apple Cider Vinaigrette	N	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Honey Mustard	Y	N	N	N	N	N	N	N	Y	N	N	N
with Dressing Choice Ranch	Y	N	Y	N	N	N	N	Y	N	N	N	N
Drinks	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Barq's Root Beer	N	N	N	N	N	N	N	N	N	N	N	N
Coke	N	N	N	N	N	N	N	N	N	N	N	N
Coke Zero	N	N	N	N	N	N	N	N	N	N	N	N
Diet Coke	N	N	N	N	N	N	N	N	N	N	N	N
Diet Dr Pepper	N	N	N	N	N	N	N	N	N	N	N	N
Dr Pepper	N	N	N	N	N	N	N	N	N	N	N	N
Fanta Orange Soda	N	N	N	N	N	N	N	N	N	N	N	N
Minute Maid Lemonade	N	N	N	N	N	N	N	N	N	N	N	N
Mountain Berry Blast Powerade	N	N	N	N	N	N	N	N	N	N	N	N
Sprite	N	N	N	N	N	N	N	N	N	N	N	N
Desserts	Egg	Fish	Milk	MSG	Other Gluten	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat	Sesame Seeds
Banana Pudding, Individual	Y	N	Y	N	N	N	N	Y	N	N	Y	N
Banana Pudding, Texas Size	Y	N	Y	N	N	N	N	Y	N	N	Y	N
Jeanette's Homemade Peach Cobbler, Individual	N	N	Y	N	N	N	N	Y	N	N	Y	N
with Ice Cream	N	N	Y	N	N	N	N	Y	N	N	Y	N

Jeanette's Homemade Peach Cobbler, Texas Size with Ice Cream	N	N	Y	N	N	N	N	Y	N	N	Y	N
	N	N	Y	N	N	N	N	Y	N	N	Y	N
Strawberry Shortcake	Y	N	Y	N	N	N	N	Y	N	N	Y	N